

THANK YOU FOR YOUR INTEREST IN OUR SCHOOL AND IN THE MILE HIGH KARATE® PROGRAM

We are excited about the prospect of helping you, or your child achieve the many benefits of karate. Self-defense, flexibility, cardiovascular conditioning, muscle tone, self-discipline, and self-confidence are only a few of the many advantages you can gain from this program.

Before your next lesson, please think about the program. If you are married, talk about it with your spouse. If you are enrolling your child, include him or her in the conversation with the other parent. The questions listed should give you a framework for discussion.

Please answer these questions honestly to yourself before your second lesson. At that time the program director will finalize your enrollment, explain more about how the program works and assist you in setting goals for your progress.

Sincerely,



Stephen Oliver
8th Degree Black Belt
Grand Master Instructor

Your next class is:

Before then, answer these questions honestly:

- Q: What do I like about the program?**
- Q: What benefits do I expect to gain from karate?**
- Q: What days will I attend classes?**
- Q: Will I adhere to the values of the student creeds?**

Mile High Karate® Student Creeds

- I develop myself physically and mentally, based on the Mile High Karate spirit.
- I will only fight to protect my life and the lives of others.
- I achieve my fullest potential in developing knowledge, honesty, and strength.

Memorize this before your next class

- Q: Can I see myself setting a goal and following through?**
(it can take approximately 48 months to achieve black belt)
- Q: Can we see participating as a family?**
(A high percentage of children enrolling have one or both parents attending classes with them. Consider enrolling as a family)
- Q: Are we willing to support our school and share the value of its program with others?**
(The quality of our school depends largely upon the quality of our students. Our most committed students are referred to us by family and friends)
- Q: Am I willing to Commit myself?**
(You should come to the second lesson prepared to finalize financial arrangements. A minimum deposit is required to cover initial tuition and there are a wide variety of payment options available for continuing tuition coverage. The program director will help you select the one most appropriate for you.)

Both parents must be present for the enrollment of a child.

Similarly, adults are encouraged to bring any family member that may be affected by the time or financial commitment made by the student.

ARE YOU READY FOR YOUR WHITE BELT?

Three Steps for Next Class:

1. Memorize the student creed (above)
2. Learn the rules of the school (back of this page).
3. Complete at least three acts of self-discipline and fill out the self-discipline form (attached!)