



# Karate Homework Card

PRACTICE AT HOME FOR 20 – 30 MINUTES AND YOU AND YOUR PARENTS WILL INITIAL AND DATE ONE BLANK. BRING YOUR CARD TO CLASS WHEN YOU HAVE 10 BLANKS FINISHED AND YOU WILL RECEIVE AN ATTITUDE STRIPE. YOUR INSTRUCTOR WILL NOTE ON THE BACK OF YOUR CARD WHAT YOU NEED TO PRACTICE.

Student Name: \_\_\_\_\_

1.	2.	3.	4.	5.
6.	7.	8.	9.	10.

Instructor Signature/Date: \_\_\_\_\_

Parent Signature/Date: \_\_\_\_\_

1.	2.	3.	4.	5.
6.	7.	8.	9.	10.

Instructor Signature/Date: \_\_\_\_\_

Parent Signature/Date: \_\_\_\_\_

1.	2.	3.	4.	5.
6.	7.	8.	9.	10.

Instructor Signature/Date: \_\_\_\_\_

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